Dear diary

I don't know if I've ever told you this.
There was a time when I didn't really know how to keep going.

~~I was fine~~

I wasn't..

I was in a heavy depression, and for a while it felt like my own head had become a place.
I didn't want to be. Then I started writing.

I just needed somewhere to put everything I couldn't say. A thought became a melody. A melody became a song.
And somehow, a song became something to hold onto.

Music saved my life.

I think that's why I still write the way I do. I write about the things that keep me awake.
The things I wish I could forget.

The moments that make me feel completely alive.

I'm Luna Vae.
Singer-songwriter. Storyteller. Professional overthinker, apparently.

And these songs?

They're the pages I decided not to tear out. Somehow I'm letting you read them now.

XOXO

Luna Vae